# **BHCC Alcohol and Other Drugs Policy and Prevention**

Standards of Conduct	Page 2
Bunker Hill Community College programs and resources	Page 3
Statement of health risks associated with alcohol and other drug abuse	Page 5
Legal sanctions and penalties	Page 5
Drug-Free Schools and Campus Regulations Compliance Checklist	Page 6



### **Alcohol and Other Drugs Policy and Prevention**

Drug-Free Schools Act
Education Department General Administrative Regulations, Part 86

#### I. Introduction

Bunker Hill Community College recognizes the importance of creating a safe, healthy, and well-informed community. The college takes all matters relating to alcohol and other drug abuse seriously per the student code of conduct, as well as any city, state, or federal ordinance pertaining to these areas over the campus. We also recognize the importance of educating our population of students, faculty, staff, and guests on available on-campus/off-campus alcohol and other drug prevention and support programs.

### A. Purpose

The use of alcohol and other drugs at the College workplace, on College property or at College activities impairs the safety and health of students, inhibits the personal and academic growth of students and undermines the public's confidence in the College. Only in an environment free of alcohol and other drug abuse can the College fulfill its mission of developing the professional, social, cultural and intellectual potential of each member of its community.

Moreover, it shall be the policy of Bunker Hill Community College that all shall refrain from the use of alcohol and other drugs while on campus or at any College related event or activity. This alcohol and other drug policy shall be provided annually to every student of the College. Every two years, the College shall evaluate the effectiveness of this policy and shall make any necessary amendments to enhance and to improve the environment of the College.

#### **B. Prohibited Conduct**

The students of Bunker Hill Community College shall not unlawfully manufacture, distribute, dispense, possess or use controlled substances or alcohol on College property, in conjunction with any College activity or in the College workplace. Any individual who violates this prohibition is subject to disciplinary action in accordance with the College's Behavior Policies. Disciplinary action may include expulsion from the College, mandatory participation in an alcohol and other drug abuse assistance program or referral to an external rehabilitation program as well as referral of the

matter for prosecution to an appropriate law enforcement agency. Any student who is employed in any capacity by the College, as a condition of such employment, will abide by this policy. Student employees will notify the College's Associate Vice President of Human Resources within five (5) days of being convicted of violating a criminal drug statute in the workplace. The College will notify a grantor agency within 10 days that a student employee has been convicted of a drug-related offense.

#### C. Substance Abuse Prevention and Awareness Program

Raiza Felicitas, LICSW Personal Counselor specializes in Prevention and Wellness Education and is available to assist students with any alcohol or other drug related matter. Materials are available upon request to educate any interested student, faculty or staff person. These materials increase student awareness of specific substances and aim to prevent alcohol and other drug abuse. In addition, Personal Counselors can offer support and make referrals to appropriate resources.

Students can go to either the Dean of Students or Counseling webpage to access online tools that evaluate personal alcohol and marijuana use. These tools, Alcohol eCHECKUP TO GO and Marijuana eCHECKUP TO GO, provide a confidential and personalized feedback to increase students' insight on their alcohol and marijuana use in relation to peers. After completion of either self-assessment tools, students will find tips on how to make better choices about their alcohol and drug use. Students who complete these tools will also have the option to discuss results with Prevention and Wellness Educator for assistance in identifying presenting or potential issues and determining next steps. The goal is to support students in making better decisions about their alcohol and drug use and connect them to internal and external resources.

Internal and External resources for Alcohol and Other Drug related concerns will be listed on the Counseling webpage. This information can be accessed by all students, faculty, and staff. Any questions or additional information needed will be directed to Personal Counselors.

Additionally, risks for alcohol and drug use will be discussed during new student orientation for incoming students. Prevention and Wellness Educator will provide support in the process as well as collaborate with colleagues to promote awareness on Alcohol and Drug misuse throughout the college.

#### D. Bunker Hill Community College Resources

The Office for Health Services has information on resources and support services which can be found at <a href="https://www.mass.gov/topics/mental-health-substance-misuse">https://www.mass.gov/topics/mental-health-substance-misuse</a>
Help concerning alcohol and other drugs is available from several sources. If you need assistance, or know of someone who needs help, or have questions concerning alcohol and other drug abuse, you may contact in confidence any of the Personal Counselors. On-campus and Off-campus resources are detailed below:

### **On-Campus Resources for students:**

Dean of Students Office http://www.bhcc.edu/dos/ 617-228-2408

Health Services http://www.bhcc.edu/healthservices/ 617-228-2185

Personal Counseling Services <a href="https://www.bhcc.edu/studentlife/counselingpreventionandwellness/857-262-1345">https://www.bhcc.edu/studentlife/counselingpreventionandwellness/857-262-1345</a>

E-Check Up to Go Self Assessment Tool <a href="https://www.bhcc.edu/dos/alcoholcannabisuseself-assessment/857-262-1345">https://www.bhcc.edu/dos/alcoholcannabisuseself-assessment/857-262-1345</a>

### Resources for specifically for faculty and staff:

#### **Human Resources**

http://www.bhcc.edu/hr/617-228-3280

### **Employee Assistance Program**

Mass 4 You <a href="https://liveandworkwell.com">https://liveandworkwell.com</a> and use access code mass4you 1-844-263-1982 TTY 711+1-844-263-1982

#### **Off-Campus Resources:**

#### Massachusetts Substance Use Prevention

https://www.mass.gov/topics/substance-use-prevention

### **Devine Recovery Center – Peer Recovery Support**

70 Devine Way South Boston, MA 02127
Phone: (857) 496-1384 x601
http://www.gavinfoundation.org/programs/devine-recovery-center

### Department of Public Health, Bureau of Substance Addiction Services

250 Washington St., Boston, MA 02108 (617) 624–5111

Helpline:

TTY and ASCII Users: 800-720-3480 Voice and Hearing Users: 1-800-327-5050

http://helpline-online.com/

Column Health (Arlington, Somerville, Brighton &Lawrence) 339 Massachusetts Ave | Arlington, MA 02474 (844) 265-8661 http://columnhealth.com/home.php

Alcoholics Anonymous http://www.aa.org/

Narcotics Anonymous https://www.na.org/

### II. Health Risks Associated with Drug and Alcohol Use

The use of alcohol and other drugs, even infrequently, may have an adverse effect on health. Excessive use of alcohol is associated with liver damage, hypertension, brain damage and a weakened immune system. Cocaine or crack use may be fatal, depending upon the cardiovascular response of the user. This drug is highly addictive and withdrawal may result in depression symptoms. Tranquilizers and sedatives are also known to be addictive, even at low dosages. The intravenous use of drugs carries the additional risk of infection due to shared needles. HIV and Hepatitis are examples of infectious diseases that may be transmitted through the use of shared needles. Use of any drug in conjunction with alcohol can be extremely dangerous and may result in coma, overdose or fatality. A Senior Academic Counselor can educate and inform you about the effects that specific substances have upon your health.

#### III. Penalties, Criminal and Legal Sanctions Associated with Drug and Alcohol Abuse

The Office of the Dean of Students maintains a complete list of the legal sanctions associated with alcohol and other drugs. In general, severe sanctions may be imposed upon an individual who manufactures, distributes or possesses controlled substances such as marijuana, cocaine, crack or prescription drugs. The penalties may be enhanced for offenses occurring on or near the College. These penalties include fines and imprisonment. The illegal purchasing of alcohol, the illegal possession of alcohol or the providing of alcohol to minors are all offenses that are punishable by fines and/ or imprisonment.

## IV. Part 86, Drug-Free Schools and Campuses Regulations Compliance Checklist

1. Doe e	s the institution m	aintain a copy	y of its drug prevention p	orogram?				
	If yes, where is it located?  Answer: 2021-2022 Student Handbook							
more o	classes for any typ	e of academic	ly to each employee and c credit except for contin d contain the following?	•	•			
		•	orohibit unlawful possess erty or as a part of its act		ution of illicit			
	Students:	Yes	Staff and Faculty	: Yes				
	b. A description of the health risks associated with the use of illicit drugs and the abuse of alcohol							
	Students:	Yes	Staff and Faculty	: Yes				
	c. A description of applicable legal sanctions under local, state, or federal law							
	Students:	Yes	Staff and Faculty	: Yes				
	d. A description	of applicable	counseling, treatment, o	r rehabilitation or re	e-entry programs			
	Students:	Yes	Staff and Faculty	: Yes				
e. A clear statement of the disciplinary sanctions the institution will impose on students a employees, and a description of those sanctions								
	Students:	Yes	Staff and Faculty	: Yes				
3. Are	the above materia	ls distributed	to students in one of the	e following ways?				
	<b>a. Mailed to each</b> No	student (sep	arately or included in an	other mailing)				
	<b>b. Through camp</b> No	ous post office	es boxes					
	c. Class schedul	es which are	mailed to each student					

(Updated 7/15/2021) 6

d. During New Student Day orientation

Yes

Handbook	of Students Web				2021-2022 Stude	ent		
4. Does the means of					student receive	es the		
materials annually?	ally? Yes							
5. Does the institution who enroll at some d		-		r providing th Yes	ese materials to	o students		
6. Are the above mate	erials distributed	I to staff and fa	culty in c	one of the follo	owing ways?			
<b>a. Mailed</b> Staff:	No	Faculty:	No					
<b>b. Through ca</b> Staff:	ampus post offic No	es boxes Faculty:	No					
<b>c. During new</b> Staff:	v employee orier Yes	ntation Faculty:	Yes					
d. In another Yes –	manner (describ	e)						
	-Dean of Students Webpage, Personal Counseling Webpage -Electronic Presentation at New Employee Orientation							
7. Does the means of receives the materials	_	vide reasonab	le assura	nce that each	staff and facult	ty member		
Staff:	Yes	Faculty:	Yes					
8. Does the institution faculty who are hired	•	•	isions fo	r providing th	ese materials to	o staff and		
Staff:	Yes	Faculty:	Yes					
9. In what ways does determine effectivene enforced?				• .				

e. In another manner (describe)

(Updated 7/15/2021) 7

a. Conduct student alcohol and drug use survey

Yes

b. Conduct opinion survey of its students, staff, and faculty

Students: Yes Staff and Faculty: Yes

c. Evaluate comments obtained from a suggestion box

Students: Yes Staff and Faculty: Yes

d. Conduct focus groups

Students: Yes Staff and Faculty: Yes

e. Conduct intercept interviews

Students: Yes Staff and Faculty: Yes

f. Assess effectiveness of documented mandatory drug treatment referrals for students and employees

Students: Yes Staff and Faculty: Yes

g. Assess effectiveness of documented cases of disciplinary sanctions imposed on students and employees

Students: Yes Staff and Faculty: Yes

h. Other (please list)

Students: NA Staff and Faculty: NA

10. Who is responsible for conducting these biennial reviews?

Dean of Students Office

11. If requested, has the institution made available, to the Secretary and the public, a copy of each requested item in the drug prevention program and the results of the biennial review?

Requests submitted on behalf of the Department of Education, and/or the public, would be reviewed and supplied in accordance with college, federal, and state policy.

12. Where is the biennial review documentation located?

Office of the Dean of Students Location: Building B, Room 309

Phone: 617-228-2408

### V. Summary and Overview:

Bunker Hill Community College is committed to having a learning environment that is safe and drug free. The aforementioned policies are reviewed on a biennial basis and made available to all students, faculty and staff. Upon review the current Alcohol and Other Drugs program appears to be highly effective as evidenced by low rates of faculty and staff sanctions and increased access to prevention and intervention tools for students.